

PECHIN **RED DRESS** RUN/WALK

Sponsored by
2009 DUNBAR COMMUNITY FEST
Dunbar, PA

It is the same great 5k course, but we added more FUN and a GREAT CAUSE. Help us raise awareness (wear a **RED DRESS**) and money (your donations) for heart disease. This promises to be a great event for casual runners/walkers, and it is an opportunity for the serious participants to go fast and compete or to relax and have some fun. Donations for the American Heart Association will be received on the day of the race.

Date/Time: Saturday, September 26, 2009
Registration: 7:00-7:45 AM
Runners: 8:00 AM
Walkers: 8:01 AM

Start/Finish: Dunbar Volunteer Fire Department
Course: Streets of Dunbar and Sheepskin Trail

Entry Fee: \$15.00 until September 25, 2008
\$17.00 race day
T-shirts guaranteed to pre-registrants
(Limited T-shirts on race day)

Age Groups: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65+

Awards: Top 3 Male & Female overall in EACH event
Top 3 Male & Female Runners in EACH age group
Top 3 Male & Female Walkers in EACH age group
Top 3 Red Dress Finishers (Male or Female)

For Race Entry, make check payable to: DUNBAR COMMUNITY FEST

For Donations, make check payable to: AMERICAN HEART ASSOCIATION

Mail to: Pechin Red Dress Run/Walk
c/o Cindy Moag
106 Friendship Lane
Dunbar, PA 15431
For more information, please call:
724-626-8882, ext. 103

PECHIN 5K RUN/WALK REGISTRATION FORM

Name: _____

Address: _____

City: _____ **State:** _____ **Zip Code:** _____

Phone: (____) _____ **Age on Race Day:** _____

____ **Male** ____ **5K Run** **T-Shirt Size:** ____ **Small**

____ **Female** ____ **5K Walk** ____ **Medium**

____ **Large**

____ **X-Large**

____ **XX-Large**

THE FINE PRINT: (read this):

I hereby waive and release any and all rights and claims for damage or suit I may have against the race, its sponsor, the Dunbar Community Fest, or officials of the race of Commonwealth of Pennsylvania. I also certify that I am physically qualified to and have sufficiently trained to participate in this event. I also release any photos that may involve myself.

Signature: _____ **Date:** _____
(under 18 include parental signature)